

# Erica Stroup

SPEAKER | COACH | EDUCATOR



Erica is the founder of Thrive Educational Services and an experienced educator, speaker, and homeschooling mom with over 25 years in both classroom and educational leadership roles. She has trained hundreds of teachers and staff at the local, regional, and state level, equipping them with practical tools to support diverse learners.

By combining her deep roots in traditional education with her hands-on homeschool experience, Erica offers a unique perspective that resonates across settings. Her engaging sessions equip families and professionals alike to support children—especially those with ADHD or executive function challenges—in learning environments where they can truly thrive.

## WHAT TO EXPECT

- A tailored, highly engaging, practical presentation
- Access to ready-to-use tools and strategies
- Printable handouts/digital resources for continued use
- A Q&A or interactive segment (if desired)
- Optional follow-up support

Custom session formats available:

- Keynotes
- 60–90 minute workshops
- Half-day professional development
- Parent education nights
- Virtual webinars

## WHO ERICA WORKS WITH

- K–12 schools and homeschool communities
- Microschools, hybrid programs
- Libraries, nonprofits, family resource centers
- Therapy clinics, faith-based organizations
- Colleges, parent support groups
- Corporate wellness, parent-focused ERGs



# Client Testimonials

“After attending this ADHD parenting seminar, I am leaving feeling full of HOPE. There are things I plan to try and implement tonight!

*Caitlin S, Parent*

“Erica’s guidance helped me gain clarity in my approach, renewed my confidence, and offered practical strategies I could immediately apply with my students.”

*Brooke S, Teacher*

## SIGNATURE SPEAKING TOPICS



### ✓ **Empowered Minds: Creating Balance and Success for Kids with ADHD**

Explore how parents and educators can support kids with ADHD in developing emotional regulation, executive function, and confidence. Attendees walk away with tools to create structure, reduce overwhelm, and build an environment where neurodivergent kids can thrive.



### ✓ **Chaos to Calm: Real-World Tools to Support Kids with ADHD (and the Adults Who Love Them)**

When you’re raising or working with a child who has ADHD, it can feel like you’re always putting out fires. This talk offers practical, realistic strategies to bring more calm, connection, and cooperation to your home, classroom, or children’s ministry. You’ll leave with tools you can use right away—plus a fresh perspective that builds compassion and confidence for everyone involved.

### **Additional Speaker Topics**

**Empowering Volunteers: Building Positive Experiences for Kids with ADHD in Church Programs**

**Parenting the ADHD Child: From Overwhelm to Hope and Success**

**When Focus Fades: Helping ADHD Kids Thrive in School and Beyond**

**Faith, Family and Focus: Supporting ADHD Kids in Church and Home**

## GET IN TOUCH

Let’s bring calm, connection, and clarity to the places where kids learn, live, and grow.

*Erica*



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